

2015 INTERNATIONAL NAPLES SABOT

JUNIOR CHAMPIONSHIP REGATTA

ALAMITOS BAY YACHT CLUB

AUGUST 4 - 6, 2015

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta shall be governed by the rules as defined in the Racing Rules of Sailing and the INSA Class Rules, including the Championship Guidelines, except as specifically changed in the Sailing Instructions (SI's).
- 1.2. The Organizing Authority is prepared to file a report to the Protest Committee under rule 69 if behavior, which violates that rule, is observed or reported to them.
- 1.3. These Sailing Instructions (SI's), including amendments, will take precedence in the case of a conflict with the Notice of Race (NOR). This changes rule 63.7
- 1.4. The Race Committee may randomly inspect equipment and weights anytime during the regatta.
- 1.5 The US Sailing Prescriptions to rule 60, 63.2 and 63.4 are deleted.

2. **Regatta Website:** www.yachtscoring.com/emenu.cfm?eID=1409

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4. NOTICES TO COMPETITORS & CHANGES IN SAILING INSTRUCTIONS

- 4.1. The Official Regatta Notice Board is located on the glass doors of the Quarterdeck overlooking Basin 5 at the Alamitos Bay Yacht Club (ABYC).
- 4.2 Except for protest notifications and request for redress (see SI 13.4); all Official Regatta Notices to competitors will be on the Official Regatta Notice Board. Any change in the SI's will be posted before 1015 hours on the day it will take effect, except that any change in the schedule will be posted no later than one (1) hour after the committee boat docks on the day before they take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the flagpole at ABYC.
- 5.2. Code Flag "AP" with two (2) sound signals means, "All races are postponed; sailors must remain ashore". When Code Flag "AP" is lowered with one (1) sound signal, it means that the next signal will be made on the water, no earlier than twenty (20) minutes after lowering Code Flag "AP."

6. SCHEDULE OF EVENTS

6.1. Skipper's Meetings will be held at 0930 on Tuesday, Wednesday and Thursday on the patio.

6.2. Mandatory Coaches' Meetings will be held following each day's Skipper's Meeting.

6.3. Racing Schedule:

Tuesday, August 4: Flight Selection races.

Wednesday & Thursday, August 5 – 6: Championship races.

6.4. The first Warning Signal each day is at 1100.

6.5 The number of races, flights and order of starts for the Flight Selection races and the Championship races are described in Amendment 1. The Race Committee may modify the schedule of races and / or run fewer races at its discretion.

6.6 Flights in the Flight Selection races who are not scheduled to race shall remain on shore until the Organizing Authority makes an announcement for them to sail to the starting area.

For the Championship races, when Bronze and Iron flights are racing, Gold and Silver flights must remain ashore until an announcement is made to go to the race course. When the Gold and Silver flights are racing, Bronze and Iron flights must remain ashore until an announcement is made to go to the race course.

6.7 Wednesday and Thursday, August 5 & 6 - "Cove Cup". Competitors may register to sail either one day or both days. For competitors who sailed in the Flight Selection races and did not qualify for the Championship races, there will be NO additional fee to sail in the Cove Cup. There will be separate Sailing Instructions for the Cove Cup.

7. RACING AREA, COURSES, AND MARKS

7.1. The courses to be sailed and the descriptions of marks will be as shown in Amendment 2.

7.2. The course that each flight will sail will be indicated by a placard displayed on the RC Signal Boat at or prior to the Warning Signal.

7.3. After finishing or leaving from the dock, all competitors sailing to the starting area shall sail on the non-course side of the marks displaying a Pink shape with a Black line through it (See Amendment 3). Failure to do so may result in a protest filed by the Race Committee under RULE 24.1.

8. THE START

8.1. Races will be started in accordance with Appendix S, a US Sailing Prescription.

8.2 The Race Committee will use supplemental visual signals as follows:

a) The Warning Signal will be code flag "W" given three (3) minutes before the Starting Signal.

b) The Preparatory Signal will be flown two (2) minutes before the Starting Signal and dropped one (1) minute before the Starting Signal.

c) Code flag "W" will be dropped at the Starting Signal sound.

8.3 The Warning Signal for the second start of each rotation will be made one (1) minute after the first flight's start.

8.4 **Appendix S is as follows:**

3 minutes (Warning Signal) - 3 horns

2 minutes (Prep Signal) - 2 horns

1 minute, 30 seconds - 1 horn and 3 short horns

1 minute (Prep Signal lowered) - 1 horn

30 seconds - 3 short horns

20 seconds - 2 short horns

10 seconds - 1 short horn

5 - 4 - 3 - 2 - 1 – 1 short horn per second

Start (Code Flag W lowered) - 1 horn

8.5 The penalty as provided for in 30.3 (Black Flag) shall not be in effect if the race is a General Recalled start or has been abandoned and later resailed. This changes RRS 30.3.

8.6 The Flight Color Flags for the flights next to be sailing will be displayed near at the Warning Signal. They are not a timing signal.

8.7 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and an orange flag at the port end.

8.8 In the event of an individual recall, the Race Committee will attempt to hail the sail number of boats that are identified as OCS. Failure of a boat to hear her recall notification, and the timing and order of such hails, or the length of time it takes to make a notification will not be grounds for redress requests. This changes 62.1(a).

8.9 A boat starting later than three (3) minutes after her Starting Signal will be scored Did Not Start. This changes rules A4 and A5.

8.10 Boats whose Warning Signal has not been made shall keep clear of the starting area and of all boats whose Warning Signal has been made.

9. THE FINISH

9.1. There are two different finishing lines are described in Amendment 2 of these Sailing Instructions.

9.2. The first five (5) competitors and any others notified by a member of the Race Committee will, following their finish, proceed directly to the Race Committee Inspection Boat located near the finish lines with Flag L displayed, for inspection for proper equipment. Failure to report to the inspection boat immediately after the race just completed, failure to have the required weights or failure to have any other of the required equipment may result in a protest filed by the Race Committee. The Race Committee may file a protest against any boat found in non-compliance.

10. APPENDIX P

10.1 Appendix P may be enforced at any time at the discretion of the Jury.

10.2 All Appendix P on the water penalties shall be a one (1) turn penalty (this modifies Appendix P2.1)

10.3 P2.2 and P2.3 are deleted.

11. PENALTY SYSTEM

11.1 The first two sentences of Rule 44.1 are changed to: a boat may take a One Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the Zone around a mark, other than a starting mark, her penalty shall be a Two Turns Penalty. This changes RRS 44.1.

12. SCORING

12.1. Flight Selection Races: If four races are completed by all competitors, a boat's score shall be the total of all race scores, excluding the worst score (throw out). If three or less races are completed, a boat's score will be the total of her race scores.

The number of races completed is based on an equal number of races being completed by each flight. This changes RULE A2. Two races by all competitors shall be completed to constitute the qualifying process.

12.2. Championship Races: If six races are completed, a boat's score shall be the total of all race scores, excluding the worst score (throw out). If five or less races are completed, a boat's series score will be the total of her race scores. This changes RULE A2. Three races shall be completed to constitute the series.

12.3. The Flight Selection Races and Championship Races will each be scored separately.

13. PROTESTS AND REQUESTS FOR REDRESS

13.1. Protests shall be written on forms available from a designated boat flying a judge flag located near the finish line. Protests shall be prepared while afloat and lodged with the designated boat prior to the competitor leaving the finishing area. This constitutes the protest time limit for filing by a boat about an incident in the racing area. For all other protests, the time limit for filing is thirty (30) minutes after the Race Committee Finish Boat docks. This changes RULE 61.3.

13.2. Only the skipper may represent the boat at a hearing. No coach or other party may represent a boat or file a protest on its behalf. This changes rule 63.3(a).

13.3. Protests will be heard in approximately the order in which they are received.

13.4. Protest and Request for Redress notices will be posted on the Protest Notice Board located near the Protest Office to inform competitors that there will be a hearing in which they are party to a protest. This will constitute notice to all parties under RULE 63.2. It is the responsibility of competitors to check the Board and be immediately available with any witnesses when the hearing is called. Failure to appear may result in the protest being heard with only those present.

- 13.5. Requests for Redress must be submitted within thirty (30) minutes of the time the unofficial results are posted. This changes RULE 62.2.
- 13.6. Requests to reopen a hearing must be submitted within thirty (30) minutes after being informed of the decision. This changes RULE 66.
- 13.7. Video, Photographs, and Audio recordings created by any source shall not be used as evidence at a Protest or Redress hearings. This changes RULE 63.6.
- 13.8 For the Flight Selection races, in accordance with Rule 70.5(a), the decisions of the protest committee are final. US Sailing's permission has been granted and is limited to the Flight Selection races only. This changes RULE 70. If the requirements shown on www.ussailing.org/race-officials/rules-and-appeals/new-no-appeals-page are not met, the decisions of the Protest Committee may be appealed. Competitors may appeal decisions of the Protest Committee in the Championship Series.
- 13.9 Breaches of instructions 6.6, 7.3, 8.10, 9.2, section 14, section 15 and Rule 55 will not be grounds for a protest by a competitor. This changes RRS 60.1(a). The Jury may impose penalties for these breaches less than disqualification for violations of these sections.

14. COACH / SPECTATOR BOATS

- 14.1. Coach boats are allowed for this regatta and must contain personnel from more than one club when on the water. Unless otherwise directed by the Race Committee, the coach boat may not be within one hundred feet of a competitor nor have any communication with a competitor on the water other than in the Coaching Zone (see 14.6 for "Coaching Zone" description).

NO SPECTATOR OR SUPPORT BOATS (floating craft including boats, kayaks, boards, etc.) WILL BE ALLOWED ON THE WATER FOR THIS EVENT. ADDITIONALLY, NO COACHING FROM THE DOCKS, SEAWALLS OR BEACHES SURROUNDING THE SAILING VENUE WILL BE ALLOWED.

- 14.2. Coaches must complete the official application and may not be on the water unless preapproved by the Organizing Authority. The skipper of the coach boat must check in and register with the Organizing Authority prior to the Skipper's Meeting on Tuesday, August 4.
- 14.3. **All coaches are required to attend the coaches meetings that will be held immediately following each day's Skipper's Meeting.**
- 14.4. All coach boats must monitor the designated Race Committee VHF channel at all times while competitors are on the water. The Race committee's VHF radio channel will be announced at the mandatory coaches meeting(s).
- 14.5 **All coach boats shall assist any boat in need of assistance and perform any function requested of them by the Race Committee or Organizing Authority.**

This includes any further instructions or requirements made by the Race Committee on the water.

- 14.6. All coach boats shall stay in the On-The-Water Coaching Zone. The Coaching Zone (see Amendment 3) is defined as the line between consecutive flags and their extensions, on the non-course side of the flags. The Coaching Zone will be designated by marks displaying a Pink shape with a Black line through it.

- 14.7. On-the-water coaching is allowed for this event in the Coaching Zone prior to the Warning Signal for a race, at the time the race is either abandoned or postponed or that a competitor has finished or withdrawn from the race.
- 14.8. The Organizing Authority reserves the right to limit the total number of coach boats on the water each day.
- 14.9. Only one coach boat from a yacht club / organization will be allowed to launch at this event.
- 14.10. All coach boats shall display an identification flag while on the water as directed by the Organizing Authority and return the flag at the conclusion of the regatta. No flag, banner, pennant, signal or shape other than that supplied by the Organizing Authority shall be displayed.
- 14.11. A US \$30.00 deposit will be required for each coach flag at registration. The deposit will be refunded when the flag is returned in an appropriate condition at the end of the regatta.
- 14.12. A boat whose registered coach boat has violated any of the above stated rules, or has caused undue wake due to excessive speeds near the race course, may be subject to protest by the Race Committee or the Jury.

The penalty for failing to comply with these requirements shall be applied to the appropriate competitors' boats associated with the coach boat personnel at the discretion of the Protest Committee. Additionally, upon receiving a report, the Organizing Authority may take other disciplinary action against the registered support personnel.

- 14.13 A Yacht Club may register a maximum of six coaches for this event. A coach must be: a current member of US Sailing or a recognized ISAF MNA, employed by the yacht club they represent for a minimum of 30 days prior to the start of racing and have a current US Sailing level 1 instructor or MNA equivalent. Coaches must be registered by Aug. 1st 2015. No coaches will be registered after 11:59 PM on Aug. 1st 2015.

15. SAFETY / ASSISTANCE

- 15.1. A boat which retires from a race must notify a Race Committee Boat before leaving the sailing area or, if that is not possible, notify the Regatta Chairman or the yacht club office immediately upon arrival ashore.
- 15.2. Competitors wishing assistance on-the-water should signal with an open hand to the support boat. Those not needing assistance should signal with a closed fist if asked about assistance.
- 15.3. A competitor shall accept assistance from a Race Committee Boat when so instructed.
- 15.4 If a boat, as a result of capsize, or mechanical breakdown, is unreasonably delaying the finish of a race, the Race Committee may order the boat assisted and score it DNF.

16. TROPHIES:

- 16.1 Trophies for the Flight Selection Races will be awarded as soon as possible after the conclusion of racing on Tuesday, August 4, 2015. Trophies will be awarded to the top ten (10) finishers in the Flight Selection Races.
- 16.2 Trophies for the Cove Cup Series will be awarded as soon as possible after the conclusion of racing Thursday, August 6, 2015.

- 16.3 Trophies for the Championship Series will be awarded as soon as possible after the conclusion of racing Thursday, August 6, 2015.
- 16.4 Trophies will be awarded to the top ten (10) finishers in the Gold Fleet of the Championship Races and the top five (5) finishers in the Silver, Bronze and Iron Fleets.
- 16.5 The following Perpetual Trophies will also be awarded:

Naples Sabot Junior Champion	1st in Gold Fleet
Coronado Chamber of Commerce Perpetual	1st in the last Gold Fleet Race
Commodore's Cup Perpetual	1st in the Silver Fleet
Joe Wells Perpetual	Top female competitor in the Championship
Hal Brown Perpetual	Lowest combined score in the Flight Selection & Championship Series
Jessica Uniack Sportsmanship Trophy	Competitor nominated that demonstrates highest level of sportsmanship throughout the week
Peggy Lenhart Perpetual	The skipper who has improved the most from the previous year's Championship

17. **DISCLAIMER OF LIABILITY**

The Organizing Authority , including the Race Committee, Protest Committee, sponsors, volunteers, or any other affiliated organization will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Competitors participate in the regatta entirely at their own risk. See RULE 4, Decision to Race

For more information:

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Regatta Chairman: Jeff McDermaid - abyc.secretary@gmail.com / Home Ph: 714-536-7094

Principal Race Officer – Bruce Golison

Chief Judge – Ron Wood

Scorer – Steve Washburn